



SPORTS AND PHYSICAL ACTIVITY POLICY

Michael Jordan once said that his favourite part of the game was:
'being given the opportunity to play'

Updated 2016

At Broulee Public School sport is an integral part of our school curriculum. Sport via carnivals, gala days, daily fitness routines, PE lessons and weekly sport program is provided on a class, stage and whole school basis. These activities incorporate competitive and non-competitive elements. School representative teams play in the State Knockout competitions; individual students may represent the school at Zone, District and or State in various sports.

Broulee Public School is a member of the Eurobodalla PSSA at district level and South Coast SSA at regional level.

The school is fostering a genuine house spirit and has four houses **BOOLBEE**, **ROVER**, **WARRIGAL** and **LEE** named in honour of 3 brave locals who saved many lives when the ship the Rover sank off North Broulee beach in 1841. (see BPS Sport House History on school's website).

Broulee Public School Staff will:

- Prepare and conduct sessions based on sound coaching and teaching principles
- Encourage participation
- Cater for varying levels of ability by providing every student with a 'fair go'.
- Provide equal encouragement to all students to allow them to acquire skills and develop confidence.
- Set realistic standards and objectives for students
- Program to cater for all students with special needs
- Ensure a safe and productive environment.
- Ensure consequence of inappropriate behaviour is understood and communicated through welfare system.
- Teachers in conjunction with the school leadership team need to manage students who do not comply with codes of behaviours as set out in the school's student and welfare disciplinary policy.
- Act as a good role model of sporting behaviour.
- Undertake the mandatory 150 minutes of moderate and some vigorous physical activity per week.

Carnivals

The school calendar is punctuated by the cross country, athletics and swimming carnivals. All are House competitions where the students represent their houses and gain merits for their participation and achievement.

Swimming - Batemans Bay Pool - attended by those students in Years 2 to 5 wishing to participate

Cross Country - Years 2 to 6- two laps of a 1km course covering the perimeter of Captain Oldrey Park and School.

K and Year 1 complete a course around the school oval (Area B).

Athletics - Captain Oldrey Park - It is a two day event - Field (Years 3 - 6) and Track (Whole School)

Weekly School Sport

At Broulee Public School Years 1 -6 participate in sport each Friday -Years 1-2 after lunch and Years 3-6 after recess. Summer and winter sports are included and in term 4 students have the opportunity to undertake a range of leisure activities such as surfing, tennis and beach walking to nurture the overall enjoyment of physical activity and fitness. Kindergarten students participate in a Perceptual Motor Program on Monday.

Selection of School Knockout Teams

Students from Years 5 & 6 are eligible to trial for selection in the school's teams nominated in the State Knockouts each calendar year.

Representative Sport - Individuals

Students in Years 5 & 6 have the opportunity to gain representative selection in a number of sports throughout the year from district, zone through to state.

Students are given information about trial dates for events via a letter of offer to attend. The letter provides all information including the name and school of the Teacher coordinating the trials.

These events (except Netball) are trial events and only those students with a high level of skill will be invited by the school to attend.

Parents are responsible for transporting their child to these events as well as supervising them throughout the trials.

Intensive Swimming Program

In Term 4 all students in Year 2 are invited to participate in the Intensive Swimming Program. Students in Years 3-6 will fill any additional spots on a first in first served basis.

The program runs daily for two weeks with transport and pool entry the only cost to parents. Instructors are free of charge.

Uniform

All students regardless of their chosen activity are required to wear their full sport uniform to school on Friday Years 1-6 and Kindergarten on Monday. See school website for sport uniform details

Lunchtime

Lunchtimes in schools are very active times. Other than simple play, lunchtime is a time for team training for various sports or organised play. Our school also has various types of physical activity clubs such as running club, dance and stage competitions in various sports such as basketball, touch footy, netball and handball.

Sport Leaders.

Students at the end of Year 5 have the opportunity to nominate as captain of their respective house. Two students per house are elected and where possible, a boy and girl.

Students from Years 2 to 5 participate in a secret ballot to elect their house captain.

Captains are announced and receive their badge at the school's Presentation Day.

Roles undertaken by house captains are: carnival team organisation, attends leadership programs, organise sporting equipment available at lunchtimes, officiating, mentor support and organising lunch time sporting competitions.

Across the Curriculum

Teachers are encouraged to incorporate physical activity across their teaching and learning program.

Examples include:

- Using throwing and catching to investigate measurement and evaluation
- Taking the class around the school to identify nouns rather than sitting at their desks
- Using the mathematical process to mark out running tracks or school gardens.

Visiting Outside Organisations

Students are given the opportunity to attend skills sessions, gala days and inspirational talks offered by outside sporting organisations. Teachers will decide which activities will be utilised and make all necessary arrangements including notifying parents of dates and details and any transport arrangements.

Awards

At the first whole school assembly following each of the 3 carnivals, ribbons/certificates are presented and age champions announced and awarded their medal.

Students in Year 5 & 6 have the opportunity to become the 'Sports Champion of the Year', which is awarded at Presentation Day. The recipient of this award is decided upon by a points system based on individual's selection in District, Regional or State teams, participation in school teams and achievement at the three school carnivals.